5K for **MY MUM 5K** for MY WIFE 5K for MY DAD **5K** for MY AUNT **5K** for MY SIS **5K** for MY FRIF 5K for MY B 5K for MY COL **5K** for MY UNU **5K** for MY MUM 5K for MY W **5K** for MY DAD **5K** for MY AUNT **5K** for MY SIS **5K** for **MY FRIEND** 5K for MY BRO **5K** for **MY COUSIN**

Thank you for your overwhelming support.

Thank you to all participants, volunteers, sponsors and onlookers who made our SWABC 5K a success. Congratulations to this year's winners! We look forward to hosting you in 2024.

Top male

Guswil George (18:37)

Overall female, 1st place Samantha Shukla (20:01) Aniqah Bailey (21:06)

Overall female, 2nd place

Overall female, 3rd place Chennai Moore (21:55) **Largest Corporate team**

Sagicor

Largest School team

St. Augustine Girls' High School

Age category winners:

19 and under: **Zariah Pascal** (26:22) 20-29: **Sarah Guillen** (24:13)

30-39: **Sjaelan Evans** (24:40)

40-49: Natasha Kelshall Pantin (25:33)

50-59: **Shardie Mahabir** (22:50)

Over 60: **Joanne Esdale** (35:27)

It starts with you.

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Thank you to all of our sponsors who contributed to this year's race.

































