5K for **MY MUM** 5K for MY DAD 5K for MY SIS 5K for MY P **5K** for **MY**

The 2023 Scotiabank women against breast cancer 5K is SOLD OUT.

Thank you for your support. We're honoured that you've opted to contribute to this worthy cause. Here are some key details:

Race day Saturday 7th October. 2023.

Warm-up starts at 3:30 PM on Victoria Avenue, Port of Spain.

Race starts at 4:00 PM sharp through St. Clair and around the Queen's Park Savannah.



Registered participants, remember to stay hydrated along the route; and after the race, we invite you to cool down in the Misting Zone courtesy DASANI, our official water sponsor.



Join us for entertainment and giveaways in our fun-filled Activity Zone. Get a chance to WIN some amazing prizes PLUS, engage with our sponsors.

It starts with you.















